



St. Walburga's Catholic Primary School

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Headteacher: Veronica Woodward



Monday 29th June 2026

Dear Year 6 Parents and Carers,

Relationship and Sex Education

As part of our required curriculum for Year 6, we will be delivering a session on puberty. The Year 6 class teachers will deliver the session using the material provided by Ten Ten Resources. You may view an overview of the lesson on the Ten Ten Parent Portal – below are the login details. The session will take place on **Thursday 16th July 2026**. The children will be taught in their classes.

This session will cover:

- Emotional and physical changes.
- Exploring how a baby is made and grows. Please note: intercourse will not be discussed.

You can view these materials on Ten Ten using the Parent login and find: Years 5 & 6, Module 1, Unit 4: Life cycles, Session 1: Making babies (part one). This is the only session that we will be using.

<https://www.tentenresources.co.uk/parent-portal/>

username: **st-walburga-bh9**

password: **butter-nut**

Parents have the right to withdraw their children from sex and relationship education lessons. There is an electronic reply slip that you will also need to complete. You will find this form by clicking on this link: [Year 6 Puberty Talk- 2026 – Fill out form](#)

This will need to be completed by **Wednesday 8th July**. It will only take a couple of minutes to complete and it is required.

As a Catholic school, our mission is to support the spiritual, moral, social and cultural development of all of our pupils, rooted in the wisdom and teaching of the Church. The education of children in human sexuality is an important, precious and privileged responsibility. The Church teaches us that this is very much a partnership with parents, in which parents are the 'first educators' of their children on these matters; ultimately, you confer on us the right to co-educate your children with you.

We hope that our approach reassures you about the content and materials we are going to be using and helps you to prepare to support your children at home as they learn more about this very special area of learning and personal development.

If you have any questions, please do not hesitate to contact the school.

Kind Regards,

Mrs Woodward
Headteacher