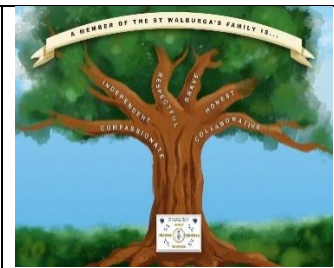




As St. Walburga's school family we walk in the footsteps of Jesus by ...

- welcoming all
- learning to be the best we can
- joining together in prayer
- serving God and one another



Physical Education Intent Statement

“Dear friend, I pray that you may enjoy good health and that all may go well with you, even as your soul is getting along well” (3 John 1:2). “The LORD will guide you continually, watering your life when you are dry and keeping you healthy, too.

One of our main PE curriculum aims is to ensure that children value the importance of being physically active and we aim to provide a curriculum which prepares them and encourages them to lead healthy, active lives in the future. Within our curriculum, we aim to expose children to a wide range of sports throughout their time at St.Walburga's in order to develop both their fundamental and sport specific skills. It is also an aim that in allowing children to have a range of positive experiences within a sport setting, this will in turn produce lifelong learners who will share a passion and commitment to looking after their long-term health and well-being in later years.

We endeavour to provide as many opportunities as possible for children to participate in activities and competitive sport in order to develop skills, fair play, self-confidence and improvements in physical fitness. Our ongoing Bronze Ambassador programme aims to develop young leaders who will lead in aspects of PE and become inspirational role models for their peers within our school. We incorporate the Daily Mile within our curriculum ensuring every pupil has the opportunity to use our marked track on a regular basis. We encourage a range of participation in the Daily Mile such as those who would prefer to walk to those who would like to run and beat their personal best. All we ask is that everyone is to take part continuously for the short session. Staff are also encouraged to join in to provide children with role models and the fact that activity is for all.

PE at St.Walburga's has strong links with our Learning Values such as being brave when learning new skills, entering competitions or striving for personal bests; demonstrating respect when communicating with team members and opponents and being collaborative when learning team strategies or supporting each other with feedback and guidance on technique.

We have maintained strong connections with our School Games Organiser, AFC Bournemouth Sports Trust and Bournemouth Bikeability, who have, year on year, supported our development of community links and wider curriculum experiences. We are constantly striving towards improving the delivery of our teaching and learning of PE in order to promote participation, progress and performance in the hope to support the physical and emotional development of our children throughout their time with us.